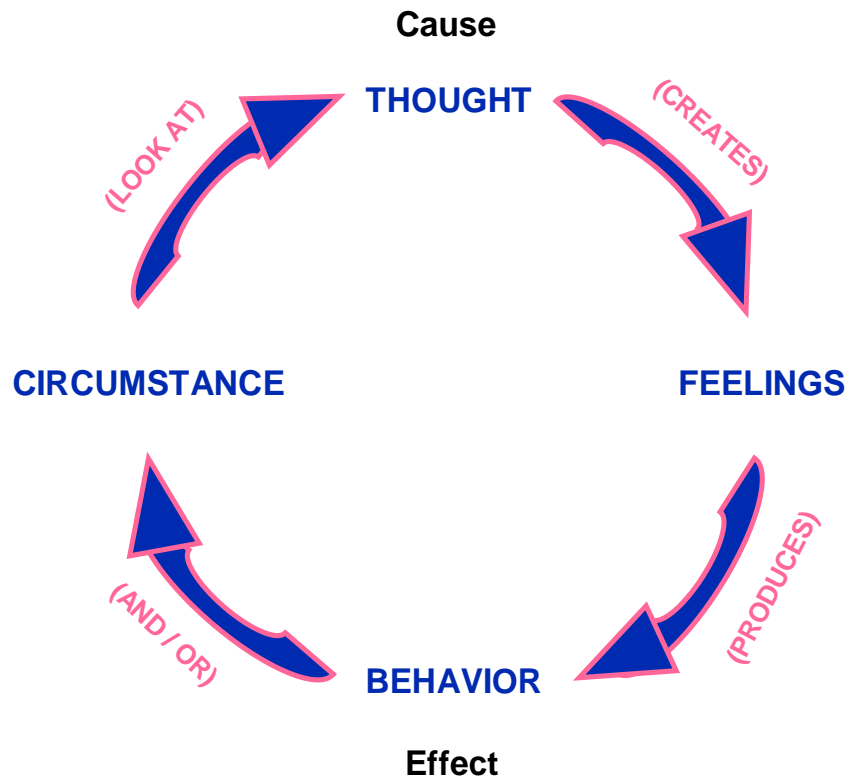


# The Thought Cycle



**If you don't like your present circumstance, look at your thought.**

Adapted from 'As A Man Thinketh' - James Allen & 'What I Think Is Why It Is' - Rosa Mazone



**Cate Gerstberger LLC**

Personal Growth Mentor / Reiki Master / Teacher

303-480-0166 / [cate@categerstberger.com](mailto:cate@categerstberger.com) / [www.categerstberger.com](http://www.categerstberger.com)